





**PD Day** 

With Todd Bidner

## \$20 per player (includes insurance & HST)

October 26th: DRESDEN ARENA -

9 - 10:00 TYKE/NOVICE 10 – 11:00 ATOM/PEEWEE/BANTAM

## FOCUS ON:

Wrist Shots
Snap Shots
Slap Shots
Backhand Shots
Proper shooting mechanics
How to shoot the puck hard
Accuracy when shooting

## Sign up by email to: <u>score@skillshots.net</u> or contact: 519–331–0011

## Todd Bidner's Bio

BSc(Hons) Sport Science/20years pro

-National hockey League (NHL) -American hockey league (AHL)

-British Hockey League & European leagues

-Detroit Red Wings Alumni

-30 years hockey school instructor

- Head Coach Lambton Shores Predators

- Asst. Coach OHL (London Knights 2006-07)
- Head Coach, SPHL (Fayetteville 2012)

- Head Coach Senior A Petrolia Squires (2011, 2012)